



Sons of Saint Joseph tm

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4 - SOSJ Sacramentum Caritatis : The Eucharist, the Church and Sacraments. Saturday, June 8, 2024

1 Cor 10: 14-18

Wherefore, my dearly beloved, flee from idolatry. I speak as to wise men; judge ye what I say. The cup of blessing which we bless, is it not the communion of the blood of Christ? The bread which we break, is it not the communion of the body of Christ? For we being many are one bread, and one body: for we are all partakers of that one bread. Behold Israel after the flesh: are not they which eat of the sacrifices partakers of the altar

Questions

1. How can the Eucharistic celebration be enculturated in different cultures and communities, while maintain its universal character and essential elements?
2. How can the Church balance the need for inculturation and adaptation in the Eucharistic celebration with the need for unity and consistency in the liturgy, and what role do liturgical norms and guidelines play in the process?
3. What are the essential personal dispositions required for an active participation in the Eucharist, such as faith, hope and charity and how can one cultivate these dispositions in their daily life?
4. How can one prepare themselves to receive the Eucharist worthily, including the need for reconciliation if aware of grave sin, and the importance of fasting and spiritual preparation?
5. In what ways does adoration, both within and outside of the Eucharistic celebration, deepen one's understanding and appreciation of the mystery of the Eucharist, and how does this, in turn, enrich one's participation celebration?